

## THE STAPLES



### **The Continental** 15/30

Fruit Plate or Granola Parfait or Oatmeal | Pastry Basket (3 Pieces) | Juice | Coffee or Tea

### **Alaia Breakfast** 19/38

Pastry Basket | One Choice of Juice | Coffee or Tea  
Two Eggs Your Way with Potato, Bacon and Sausage  
Or  
One Sweet Dish

## GOOD MORNING BELIZE

### **Baker's Basket** 6/12

Fried Jack | Toast | Banana Bread | Muffin

### **Assorted Seasonal Fruit Plate** GF|V 10/20

Assorted Sliced Fruits | Honey Yogurt

### **Granola Bowl** GF|V 8/16

Homemade Granola | Plain Yogurt | Mix Nuts | Shaved  
Toasted Coconut | Fruit Coulis

## EGGSPECTATIONS

### **Three Egg Omelet & Toast** 13/26

Add 3 ingredients:

Cheese | Tomato | Mushroom | Bacon | Ham | Pork  
Sausage | Bell Pepper | Onion | Spinach

### **Eggs Your Way Two Eggs** 12/24

Cooked Any Style

Poached | Fried | Scrambled | Hard Boiled  
White Bread Toast, Wheat Bread Toast or Fried Jack  
Included

### **The Benedict** 15/30

Poached Eggs | Ham | Cajun Hollandaise | English  
Muffin | Braised Spinach

### **Egg White Frittata** GF | V 13/26

Goat Cheese | Tomato | Onion | Spinach | Mushroom |  
Scallion | Asparagus

## SWEET SUGAR RUSH

### **Pancakes** V 13/26

Myers Rum Infused Maple Syrup | Blue Agave & Pine  
Nut Butter | Seasonal Fruit

### **Cinnamon French Toast** V 14/28

Maple Syrup | Whipped Cream | Nutella | Banana |  
Candied Nuts

### **Oatmeal** GF| V 8/16

Spiced Brown Sugar | Papaya | Chia Seed

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

All prices are listed in both USD and BZD. The prices do not include a 10% service charge and 12.5% GST.

## SIGNATURES & FAVORITES

### Not so typical "Burrito"

13/26

Pork Shoulder | Egg | Potato | Jalapeño | Pico De Gallo | Avocado | Cilantro | Cheese | Flour Tortilla

### Huevos Rancheros GF

13/26

Corn Tortilla | Pepperjack | Carnitas Pork | Fried Egg | Ranchero Sauce | Black Bean

## SIGNATURES & FAVORITES

### Avocado Toast V

11/22

Beet Hummus | Kale | Radish | Poached Egg | Pumpkin Seed

### Chef's "Hangover" Cure

13/26

Brioche Bun | Scrambled Egg | Cheese | Ham | Bacon | Avocado | Chipotle Aioli

### Breakfast Taco

13/26

Scrambled Egg | Scallion | Garlic Prawn | Cheese Bacon  
"Pancake" | Spicy Maple Syrup

## SIDES

### Cajun Spiced Breakfast Potatoes

3/6

Pepper | Onion

### Crispy Bacon

5/10

### Pork Links Sausage

## COFFEE BAR

**Cappuccino Latte 7|14**

**Coffee 4|8**

**Espresso 5|10**

**Belizean Coffee (local rum/coffee/whip cream) 9|18**

**Double Espresso 7.5|15**

**Alaia Coffee (Amaretto/Tia Maria/Baileys) 12|24**

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